



28 week Glucose Gestational Screen (GGS)

On the day of the test you may eat. Be careful not to consume foods/drinks high in sugar such as pancakes, sweet cereals, candy, fruit juices, sodas, etc.

You will drink a cup of a sweet drink for your glucose gestational screen and in one hour your blood will be drawn to determine how your body handles the extra glucose load. **Do not eat or drink anything after** we give you the drink. This includes gum, candy, or cough drops and no smoking.

You can expect to be here at the office for one hour and 30 minutes to complete your GGS.